

Jump Rope for Heart

Jump Rope for Heart is a tradition at OES. We have participated in the annual event for over 30 years.

In the past 12 years the Oregon and Mt. Morris communities have helped raise over \$111,216 for the American Heart Association. The program is run through the physical education classes so that all students have the opportunity to participate. It is an Event that the OES physical education department works collectively on. Jump Rope for Heart allows our older students to take on a leadership role and help the younger students learn to jump rope. We use the event to reinforce heart healthy habits in our curriculum. Last year we exceeded our goal and raised over \$14,000. OES was the top school in Ogle County and in the top 3 for our area which includes schools over twice our size. It is truly a community effort. Everyone from the students, parents, staff and our community have helped make it a successful community service for OES. Our goal this year is \$15,000. We truly appreciate you as a board and our Administrators for the continued support of the event.

The philosophy of the physical education department is that this is a community service that all of our students can participate in. The American Heart Association receives all of the donations given by our students. The AHA uses the donations for three purposes:

Research: Since 1949, they have funded more than \$3.9 billion in cardiovascular and stroke research, including work on clot-busting drugs.

Education: Emergency Cardiovascular Care programs has trained more than 10 million emergency medical services personnel, healthcare professionals and citizens in how to perform CPR or use an automated external defibrillator (AED) to save lives.

Advocacy: They work through legislative channels to increase funding for cardiovascular research and treatment, protecting the public from secondhand smoke and education.

Thank you again for your support of this event in our school.

Mr. Gipper, Mr. Boyer, and Mrs. Gipper



Top Twenty Taylor Territory Schools

1. Whitman Post Elementary, Rockton
2. Rockton Elementary, Rockton
3. Oregon Elementary, Oregon
4. Pleasant View Elementary, Bettendorf
5. Hopewell Elementary, Bettendorf
6. Millikin Elementary, Geneseo
7. St. Malachy School, Geneseo
8. Erie Elementary, Erie
9. Riverdale Elementary, Port Byron
10. Southwest Elementary, Geneseo
11. Winola Elementary, Viola
12. Bridgeview Elementary, LeClaire
13. Northside Elementary, Geneseo
14. Geneseo Middle, Geneseo
15. Forreston Grade School, Forreston
16. Apollo Elementary, Aledo
17. United Elementary, Alexis
18. Galena Primary, Galena
19. Stone Creek Elementary, Roscoe
20. Dakota Elementary, Dakota

Top per County

Bureau- Jefferson Elementary, Princeton
Carroll- Eastland Elementary, Lanark
Henry- Millikin Elementary, Geneseo
Jo Davies- Galena Primary, Galena
Lee- Madison Elementary, Dixon
Mercer- Winola Elementary, Viola
Muscatine- St. Mary and Mathias Catholic School, Muscatine
Ogle- Oregon Elementary, Oregon
Rock Island- Riverdale Elementary, Port Byron
Scott- Pleasant View Elementary, Bettendorf
Stephenson- Dakota Elementary, Dakota
Whiteside- Erie Elementary, Erie
Winnebago- Whitman Post Elementary, Rockton