



December 2016 Board Report

Drug Testing

Through December 5, 122 students have been randomly tested. All tests have been negative.

Extra-Curricular Code of Conduct

Through December 11, there have been seven extra-curricular code violations at OHS. This is the exact same as last year at this time.

Communication

- The Athletic Parent Advisory Committee met on Monday, November 28.
- We currently have 830 followers of the @OregonHawks Twitter page. Last year at this time there were 677.

Community Service

Boys Soccer - The boys soccer program helped run a "Bouncy House" for children at Autumn on Parade. Combined with players helping in concession and serving as ball boys at the tournaments, the soccer team provided 250 hours of service this fall.

Football – The OHS football program again volunteered their time at helping to work Oregon/Mt. Morris Jr. Tackle games this fall and also assisting at a four day youth football camp prior to the season. They totaled 120 hours at these events.

Winter Participation

Below are participation numbers for this year and the previous two years for the following winter sports. They are fairly similar to last year despite our declining enrollment.

	2016	2015	2014	2013	2012
Boys Basketball	26	25	25	29	36
Girls Basketball	28	33	23	26	33
Wrestling	24	26	27	27	25
Boys Bowling	11	10	11	12	16
Girls Bowling	11	9	8	10	6

ACL Injury Prevention Program

In coordination with Athletico, John Cain (OHS trainer) has been doing preventative ACL injury testing of our winter athletes. The testing can help to predict which athletes are more "at risk" of sustaining ACL injuries. Athletes, coaches and PE teachers can then plan exercises to help these students build strength in the knee area in an effort to prevent ACL damage. Research shows female athletes are more susceptible to ACL injuries.

Events recently hosted

- Oregon High School recently hosted both the boys and girls varsity and fresh/soph basketball tournaments. The girls Tipoff Classic was November 16-19 while the boys Thanksgiving Tournament ran Nov. 21-26.
- Hawk Classic Boys & Girls Bowling Invitational @ Plum Hollow on December 3.

- Rt. 72 Jr. High Conference Boys Basketball Tournament – Saturday, December 3 at BHC and Tuesday, December 6 at DLR JH and OHS Gym.
- 20th Annual Oregon Freshman Boys Basketball Tournament – Friday & Saturday, December 16/17, sixteen teams.

Winter Sports Update

Boys Basketball – As of December 12, the varsity team is off to a 1-7 start. The sophomores are currently 0-10, while the freshmen are 1-1. Many of our freshmen are playing in sophomore games due to the low turnout in the sophomore class.

Girls Basketball – As of December 12, the varsity girls' team had a record of 4-5. The sophomore squad is currently 7-2 while the freshman are also 6-2.

Wrestling – As of December 12, the varsity wrestlers had a dual meet record of 4-8 with a 2-2 record in conference matchups. The team will participate in two tournaments later this month at Stillman Valley and in Springfield over Christmas break.

Girls Bowling – The girls' team is off to a perfect 6-0 start. On December 3, they took home the title of their own ten team Hawk Classic and on December 10, they won the LaSalle-Peru Cavalier Classic.

Boys Bowling – As of December 12, the boys team had a record of 3-7.

JH Boys Basketball – Both the 7th and 8th grade teams finished their seasons by hosting the Rt. 72 Conference Tournament. The 7th grade team went 1-1 in the event after finishing in 5th out of 8 teams during the regular season. The 8th graders went 0-2 in the tournament after finishing in 6th place during the regular season.

JH Academic Bowl – The 8th graders finished in 2nd place and the 7th graders finished in 4th place at the Rt. 72 Conference Tournament in Pecatonica on Dec. 10.

Respectfully submitted,

Mike Lawton