# School Within A School Course Descriptions to be added to 2017-2018 OHS Course Guide:

# SWIS (School within a School)

School within a School is a program for Oregon High School students to promote successful completion of graduation requirements in an alternative setting. Students are selected for this program through teacher recommendation.

# **SWIS Social Studies**

2 sem- 1 credit

**Prerequisite: Teacher recommendation** 

This course will focus on getting students prepared for life after high school. Students enrolled in this course will receive a 0.5 credit of Consumer Education and a 0.5 credit elective credit. The topics in this course will focus on the following: self- awareness, time management, career/job planning, finding and using community resources, life management (renting vs. owning, budgeting, credit, etc.), life responsibilities (cooking, laundry, grocery shopping, etc.). This course will involve field trips into local places in our community and other communities to provide students with hands on experience whenever possible. When applicable, there will also be guest speakers invited into the classroom. Students enrolled in this course will also have the opportunity to complete 1 credit of United States History by completion of assignments and projects outside of class.

# **SWIS Study Skills**

2 sem - 1 credit

# **Prerequisite: Teacher recommendation**

This course provides an intervention period for students to enhance study skills and to recover credits in core subject areas through online coursework and/or completion of supplemental SWIS course assignments. Students will have the opportunity to explore their values, strengths and needs related to school and career. Required materials include assignments, texts, and organizational supplies (folder, notebooks, binder, assignment calendar). Grade will be assessed upon independent goals and objectives, attendance, effort, and completion of an assignment calendar.

# SWIS Health and Physical Education Prerequisite: Teacher recommendation

2 sem - 1 credit

This course is a combination of class work and physical activity participation. Students will acquire the knowledge and skills needed to take responsibility for their health and wellbeing. Students will learn and apply health skills, such as accessing accurate health information, analyzing influences, decision-making, goal setting, communication skills and self management. Health-related fitness components will include cardiovascular fitness, muscular strength, muscular endurance and flexibility, but will ultimately allow students to discover their passion in movement and activity in the health and wellness field. Units covered include adventure education, team building, lifetime activities, first aid/CPR, teen issues, nutrition and fitness.

# **SWIS English**

# Prerequisite: Teacher recommendation

2 sem - 1 credit

This course teaches students the art and value of language as it helps students navigate self-reflection, communication in a team-building atmosphere, gathering information, general analysis, and real-world scenarios. The class is based in an experiential-learning environment. The units involve using language to express emotions and shape self-awareness, analyzing storytelling techniques, studying technical reading and writing, planning a long field trip, presenting a persuasive argument, exploring language of a specific professional field, preparing for a profession after high school and transitioning from this class into a traditional classroom. There will be an opportunity for an extra 0.5 English credit for doing a series of side-projects for homework.

#### **SWIS Career and Technical Education Studies**

# **Prerequisite: Teacher recommendation**

2 sem - 1 credit

This course will introduce 6 different units based on the high demand careers in the CTE career pathways. The sections will be: 3-D Design and Printing, Welding and Machining, Food Science and Technology, Electrical, Plumbing and Masonry Systems, Small Engine Design, finished with a self-derived unit as the capstone to end the course. Students enrolled in this class will receive 1 elective credit, and will be involved with field trips throughout the community to visit businesses and project sites. Woven throughout the course are activities to develop and improve employability skills of students through practical applications. They will explore career opportunities in each area of the units. Students participating in the course will experience hands-on activities, projects, and problems.

# **SWIS Math Applications**

#### **Prerequisite: Teacher recommendation**

2 sem – 1 credit

This course provides a hands-on approach to mathematics that is directly applicable to everyday life. With a focus on number sense and problem-solving, this course integrates topics from algebra, geometry, and statistics that will prepare students for post-secondary life. Students will participate in an adult-living simulation which includes budgeting, financing, paying taxes, and other life unpredictability based on a chosen career. This course provides cross-curricular mathematical support necessary for the associated SWIS courses. Students will also have the opportunity to each an extra 0.5 math credit for projects and work outside of class.

# **SWIS Applied Modern Science**

# **Prerequisite: Teacher recommendation**

2 sem -- 1 credit

This course is designed to prepare students for the modern world post-high school. The course is designed to practice skills that are applicable across academic content areas such as finding information, following technical instructions, reading data tables and graphs, solving problems, defending an argument, and experimentation. Students will also practice career-oriented skills like preparing food, caring for animals/plants, reading a map, building and using tools, understanding nutrition labels. Additional topics covered will be psychology and environmental science. The course involves several field trips to local sites in an attempt to learn more about the community and how scientific ideas are omnipresent in today's world. By the end of this course, students will know how to use scientific ideas and apply them to the real-life situations. Students will also have an opportunity to earn an extra 0.5 science credits for projects and work outside of class.