

# OREGON

## Hawks

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### August 2019 Board Report

- Data is in for the 2018-19 year from Athletico, our athletic training service provider. Last year, Athletico provided the following services to for our student-athletes:

Number of students serviced: 295

Number of injury evaluations: 18

Number of tape/bandage treatments: 210

Number of ice bags distributed: 125

Number of athletic training room rehabilitation sessions:44

Affiliate outreach events/support: Junior Tackle Med-Kit donation, Athletico Night football  
(pictured)



- The Blackhawk Center recently hosted the district's required pre-participation drug testing for the final time on Thursday, August 15. Testing dates were also on Thursday, August 1 and Thursday, August 8. Again, KSB Corporate Health Services did the screenings for a charge of \$35. Athletes must have their pre-participation tests done prior to being able to participate in actual game competition. New this year – due to staffing issues at KSB, students who were not in attendance on these dates must have their tests done at the KSB clinic in Dixon.
- The Freshman/New Athlete Night was held on Thursday, evening, August 8 from 6:30-7:30 p.m.in the OHS Library. The event covered the requirements for participation and school attendance, eligibility, ASSIST, the extra-curricular code of conduct, use of social media, how to address concerns, equipment & supplies, training, opponents and affiliations (Big Northern/IHSA), parent responsibilities/opportunities, and our five core values. It was repeated at Freshman Orientation on Aug. 14 for those families that could not attend the Aug. 8 date.
- A branding upgrade was made to the boys and girls varsity locker rooms and hallway in the Blackhawk Center. Fetch Graphics of Janesville, WI installed new hall and door graphics (see next page)



- Fall sports practices began on Monday, August 12. This was the first year that the IHSA allowed all fall sports to start on the same date. In the past, football and golf were allowed to practice two days before the others could start. Participation numbers will be available in September report.
- Red-White Spirit Night for OHS fall sports will be Friday, August 23. Since there is no Booster Club at present, the Athletic Department will run the entire event. In the past, this event was typically coordinated by the Booster Club.
- As always, September is one of our busiest months on the athletic calendar. Upcoming major home events are:

August 30-31  
 August 30  
 Sept 6 & 7  
 Sept 6 & 7  
 September 7

Varsity Soccer Invitational @ Park West  
 Football Home Opener  
 Varsity Volleyball Invitational @ BHC  
 JV Soccer Invitational @ Park West  
 Oregon Cross Country Open @ Park West



September 14  
September 14  
September 21  
September 21  
October 5

DLR JH Volleyball Invitational @ BHC  
JV Boys Golf Invitational @ Sunset GC  
F/S Volleyball Invitational @ BHC  
Wessels Varsity Golf Invitational @ Sunset GC  
Rt 72 Conference JH Volleyball Tournament

- When the Oregon Park District built the Blackhawk Center in 1997, the location was to be where the OHS baseball field existed. So the decision was made to move the field to the south 300 yards. Robert Glaser took on the task to rebuild a new field and then asked Travis Landscaping to help. Robert, who was a Cubs fanatic, got the measurements from the actual grounds crew of the Cubs team. During construction, OHS P.E. classes helped to lay all the sod on the infield and the outfield where it was necessary. Over a semi load of sod was laid in 6 hours. The pitcher's mound was constructed like the pros, the base lines were marked, the back stop was erected by Randy Travis' cousin James Travis. Fencing and ag lime were laid where needed.

From July 3rd thru the 11th of this year, the field was reconstructed do to wear and tear. The pitcher's mound was 2 inches too low and it wasn't lined up properly with second base and home plate. The base lines were 1 to 3 feet out of line and the infield ag lime was 3 inches too low. B & G director Bill Nesemeier contacted Travis Landscaping to help with the reconstruction. With the help of Al Green, Travis Landscaping now has the ball diamond back up to par.

In addition, OHS baseball coach Nate Girton is planning to construct a new press box/shed for the program. The initial step of moving the old shed out was completed in early August and ground was broken on August 13. Progress is expected to continue throughout the fall.





Respectfully submitted,

*Mike Lawton*

OCUSD #220 Activities Director

