



OREGON CUSD220 DISTRICT COUNSELING DEPARTMENT

The Oregon CUSD220 Counseling Department will address the needs of all students regarding academics, social-emotional wellness, and career and postsecondary planning.

Oregon Elementary School, Pre- K, – 3 Counselor: Kelly Albrecht

Oregon Elementary School, 3 - 6 Social Worker: Josep Montanola

David L. Rahn, 7-8 Counselor: Joanna Cermak

Oregon High School, 9-12 Counselors: Shannon Cremeens and Jim Turffs

February 2018 Monthly Report

Oregon Elementary School

- Mrs. Albrecht has begun teaching mindfulness and mediation to 1st grade, it is going extremely well and the students look forward to our sessions. She also runs 5 small counseling groups. The 6th grade students leaders are working on two projects: one to raise money for a school in Cambodia (an OHS grad works there) for help them become accessible for all students, and one to raise money for the Farm Rescue Foundation - a nonprofit that will assist farmers in times of need. The 5th grade student leaders are working on a spelling bee for 3rd and 4th grade students.
- Mr. Montanola met with 50 students individually several times. He ran 20 philosophical discussion groups, five social skills groups, seven peer conflict group with a total of 89 students and 175 individualized student work in class interventions. In addition to, he taught three socioemotional lessons.

David L. Rahn Junior High School

- Mrs. Cermak continues to meet with students individually and in groups.
- Mrs. Cermak attended an OCEC workshop on writing 504 plans.
- Meetings this month included: Parent meetings, Student Assistance Team meetings, grade level meetings, IEP meetings including 6th grade meetings at OES

Oregon High School

- On February 1st, OHS Counselors hosted a parent/student presentation in the OHS Gym for all incoming 8th grade students. Counselors discussed high school, the course selection process, and talked about post-secondary preparation.
- OHS Counselors held meetings with 8th grade students at DLR several days in February. Students (and parents, if present) were able to select classes, complete a 4-year plan, and ask questions about high school.
- Counselors meet with all study hall periods to college course registrations for the 2018-2019 school year.
- On February 15th, all 11th grade students were given a practice SAT test. All 10th grade students also took the PSAT that morning. In April, Juniors will take the state-provided SAT test and 9th and 10th graders will take a PSAT.

District Student Services Department

- DLR/OHS Counselors worked together to prepare for the 8th Grade Course Selection Night and 8th grade planning meetings.