



## **OREGON CUSD220 DISTRICT COUNSELING DEPARTMENT**

*The Oregon CUSD220 Counseling Department will address the needs of all students regarding academics, social-emotional wellness, and career and postsecondary planning.*

**Oregon Elementary School, Pre- K, – 3 Counselor: Kelly Albrecht**

**Oregon Elementary School, 3 - 6 Social Worker: Josep Montanola**

**David L. Rahn, 7-8 Counselor: Joanna Cermak**

**Oregon High School, 9-12 Counselors: Shannon Cremeens and Jim Turffs**

### **October 2017 Monthly Report**

#### **Oregon Elementary School**

- Mrs. Albrecht currently has 5 small counseling groups for Kindergarten through 3rd grade, and teaches weekly lessons in Kindergarten. This month she also met with leadership from Trinity Lutheran Church in Mt. Morris, at their request, to help them understand the population of students they serve better, and teach them strategies to help them address behavior and social concerns. She also worked on planning the Veteran's Day Assembly, and attended parent/teacher conferences. Mrs. Albrecht also administered the Social Emotional Fall survey to 2nd through 6th grade. This survey will be administered three times this year and provides data on our student's social emotional learning, career awareness, and academic readiness.
- Mr. Montanola met with 6 students individually several times. He ran 16 philosophical discussion groups, eight social skills groups and two peer conflict group with a total of 102 students. He facilitated a support group for parents of children with autism, provided seven individual support sessions to parents of children with ADHD and taught 11 socioemotional lessons.

#### **David L. Rahn Junior High School**

- Mrs. Cermak currently has five counseling groups and meets individually with students throughout the day.
- Meetings this month included grade level, consultation meetings with DLR special education staff, Student Assistance Team meeting, IEP meetings including transition meeting for OES 6<sup>th</sup> grade student. Mrs. Cermak also met with parents during conferences.
- Mrs. Cermak and Mr. Crandall met with several students and their parents this month to address significant mental health needs and to formulate plans to assist them.



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### **Oregon High School**

- The PSAT 8/9 was offered to all 9th grade students in the OHS Gym on October 5th, a noon dismissal day. Mr. Turffs coordinated the ordering of the test and organized its return to the College Board for scoring. Both counselors proctored the test that day.
- On October 11th, Mr. Turffs proctored the PSAT/NMSQT to interested 10th and 11th graders at St. Mary's School in Oregon. This PSAT can qualify juniors for the National Merit Scholarship Program.
- Counselors and the Illinois Student Assistance Commission (ISAC) hosted a FAFSA Completion Workshop in the OHS Library on October 11th. Over 10 students and their families were present to gain assistance in completing financial aid paperwork.
- College Changes Everything Month occurred during the month of October. On October 25th, staff wore college apparel, and National Honor Society hosted a College Application Day. Over 12 students attended that afternoon to get free stuff and to work on college applications. ISAC was present to provide feedback and support to students.
- OHS was a National ACT Testing Center on October 28th. Mr. Turffs is a site coordinator for our region.
- Ms. Cremeens hosted three group counseling sessions for students in the Boost Program.
- Home of Hope provided a group counseling session for students who have had friends or family impacted by cancer.

### **District Student Services Department**

- On October 6th, the District Student Services Department met for their monthly meeting.
- District counselors and social worker facilitated screenings for students in grades six through twelve. The online Pediatric Symptom Checklist helps identify students who may show signs of externalizing or internalizing in an unhealthy manner. Staff will follow-up with students listed as at-risk the remainder of the 2nd quarter and make referrals for outside supports as needed.
- SEL Fall survey was administered to 2nd through 6th grade at OES. This is the first of three of this survey for the 2017/2018 year.