

Missy Heisner
Oregon High School
Science/Health Teacher, HOSA (Health Careers Club) Advisor
210 S. 10th St.
Oregon, IL 61061
May 15, 2019

OCUSD #220 School Board
206 S. 10th St.
Oregon, IL 61061

RE: STEM Educational Tour Proposal – Health Sciences

Dear OCUSD #220 School Board:

I would like to lead a STEM educational tour during the summer of 2021. The Education First tour is an 11-day educational tour to Scotland, England, and France. This tour focuses on Health Sciences and would be made available to OHS students, staff, and their families. Highlights of the tour include: a medical-themed tours of Edinburgh and London, a forensics workshop, medical museum tours, hospital and university tours, and meeting with medical professionals.

In addition to the experiences of traveling abroad, learning about other cultures, and focusing on Health Sciences in these settings, students can take advantage of other benefits. Students are able to receive high school or university credit for participating. Furthermore, recent studies have shown that students who participate in a global education program while in high school are more likely to get into the college of their choice and hold leadership positions on campus.

The total cost for students is \$4,425.00, which can be spread out over monthly payments. This cost includes round-trip airfare, on tour transportation, hotels with private bathrooms, breakfast and dinner (2 meals per day), full-time tour director, daily activities, tours, entrances to attractions, and global travel protection insurance. As a group, I will encourage students to participate in fundraising activities to help offset the total cost, and I have a variety of possible fundraising opportunities in mind.

Thank you for your consideration.

Sincerely,

Missy Heisner

Missy Heisner
Oregon High School
Science/Health Teacher, HOSA (Health Careers Club) Advisor



Educational Tours

STEM EDUCATIONAL TOUR

Health Sciences in Great Britain

Prepared for: Melissa Heisner
Oregon High School
5/13/2019

Your partner in global education

As the **World Leader in International Education**, we've partnered with educators around the world for over 50 years to help students gain new perspectives and build skills for the future through experiential learning. We provide a range of travel programs—Educational Tours, Language Immersion Tours, Service Learning Tours, Global Student Leaders Summits and Custom-Designed Tours—that provide in-depth exploration, authentic connections and hands-on experience. Every EF global program is designed to:

- Explore international destinations to gain awareness of global perspectives and connections
 - Promote international understanding, respect for different cultures, language learning and global citizenship
 - Align with school curricula to bring subjects, people, places and events to life
 - Provide global settings to sharpen key 21st century skills—critical thinking, problem solving, communication, collaboration and global competence
 - Develop interpersonal and leadership skills necessary to navigate new experiences with confidence and adaptability
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What we'll cover in this document

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This proposal is property of EF Education First and the educator/school for which it was intended. Distributing, copying and/or sharing it are prohibited. The proposal, including pricing, is valid for the educator, tour and date(s) specifically mentioned herein. For additions, subtractions or modifications, please contact your EF Tour Consultant.

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Our commitment to education

We believe the best way to help students gain new perspectives and build skills for the future is through experiential learning.

Accreditation

EF is accredited, just like your school, and recognized by the following regional, national and international organizations: Middle States Association of Colleges and Schools (MSA-CES); Western Association of Schools and Colleges (WASC); Southern Association of Colleges and Schools (SACS-CASI) North Central Association (NCA-CASI); National Council for Private Schools Accreditation (NCPSA); and Accreditation International (AI).

A standard of excellence

Our educational travel programs bring to life the knowledge and skills that are called for in many education initiatives, including:

- Partnership for 21st Century Skills (P21)
- International Baccalaureate – PYP, MYP, Diploma, IBCC
- Common Core State Standards for English Language Arts and Literacy in History/Social Studies, Science and Technical Subjects
- Global Competence Criteria—defined by the Asia Society and Council of Chief State School Officers
- Global Connection Standards in the National Curriculum Standards for Social Studies
- Culture and Connections Standards in the Standards for Foreign Language Learning
- Standards of Professional Learning—defined by Learning Forward

weShare, a more engaging learning experience

Students learn on a deeper level when their lessons connect to their own lives. Our weShare platform makes sure that happens on tour. It taps into each student's strengths and passions, helping them put a more personal lens on their experience. Their post-tour presentations and videos give them a chance to reflect on and share what they've learned, and even earn high school or college credit.

Earning credit

Students can earn credit by traveling on an EF tour and completing required coursework. We offer choices, so you can find the credit option that best fits you and your students' needs.

- Students in grades 7-12 can earn elective credit for completing assignments before, during and after their EF tour, setting themselves apart from other college applicants.
- Students can earn college credit through our partnerships with accredited universities.

Accredited by:



Our commitment to safety

Our demonstrated commitment to safety and risk management is proven with our preventative procedures and extensive measures taken to ensure each traveler's safety.

Worldwide presence

As the largest international student travel organization, we have 500 schools and offices in more than 50 countries worldwide. With 37,000 EF staff and teachers around the globe, we're accessible wherever and whenever you need us.

Global Liability Insurance Plan

- All EF Group Leaders are covered for the duration of their EF educational tour.
- EF's Commercial General Liability Insurance is provided by nationally recognized insurance companies with A.M. Best Ratings of A-.
- Group Leaders and their schools are covered by our \$50 million liability policy and customer payments are protected by a \$1 million customer protection plan.
- EF's Global Liability Insurance Plan allows for schools and districts to be added to the policy by written agreement. EF can provide a certificate of insurance that details coverage.

Global Travel Protection Plan

Designed specifically with EF travelers in mind, teachers may add this comprehensive and affordable protection plan to their tours.

EF's Peace of Mind Program

At EF, we understand that plans can change due to unforeseen circumstances. EF's exclusive Peace of Mind Program ensures:

- Teachers can work with EF Educational Tours to change their tour's travel dates, modify their tour plans, find an all-new tour or cancel their tour up until 45 days prior to departure. When canceling in this time period, all travelers will receive a transferable travel voucher.
- With 44 days or less left until departure, teachers may still choose any of the above options if a formal Travel Warning is issued by the US Department of State for any country on your itinerary.

Highly respected in the industry by:



We'll handle the details

As your educational travel partner, we work with teachers, students and parents to ensure a seamless experience—before, during and after tour. In other words, we're with you every step of the way.

BEFORE TOUR

Support Team and resources

Dedicated Tour Consultants guide teachers through the planning process, while Local Representatives from your area work face-to-face to provide support. We give teachers their own personal tour website with helpful tools to share tour information, manage deadlines and more. In addition to online resources, we also provide an array of printed materials for teacher, students and parents.

International Training Tours

Ensuring teachers are fully prepared to lead an EF tour is our commitment to your school community. Through our blended learning model, all first-time EF Group Leaders receive complimentary international training. Conducted by EF personnel and experienced EF Group Leaders, the program includes online, classroom and experiential learning components. In the event a Group Leader cannot attend one of these complimentary tours, we offer live webinars to prepare them and answer questions before they travel.

Traveler account management

Our knowledgeable and friendly Customer Service Representatives help travelers and their parents with all billing transactions, protection plans and tour activity questions. We also offer flexible and convenient payment options that allow parents to choose when—and how—they want to pay.

WHILE ON TOUR

Everything is included

This all-inclusive global experience makes it easy for teachers and students to explore the world. From flights and hotels to most meals and experiential activities, we take care of every detail so travelers can focus on the experience.

Guided travel

A personal bilingual Tour Director stays with your group 24/7. They handle every on-tour detail to ensure a smooth travel experience while also providing unique local insight. Expert local guides, meanwhile, share their knowledge of history, art, architecture and more during guided tours.

AFTER TOUR

Program development

We'll work with you to build a travel program at your school so even more students have the opportunity to experience the world.

A day-by-day look at your tour

This is the itinerary page that students and parents will see in their tour itinerary guide. It's just one of the many resources they'll receive in preparation for your tour.

"I believe that when a student sees how the classroom is used in the outside world it powerfully impacts them. The 'that looks cool, I want to do that' reaction will guide them into STEM fields."

Micah F., Earth Space and AP Environmental Sciences Teacher



Explore Great Britain's fascinating medical history as you explore its two largest cities.



Discover Edinburgh's contributions to health and science during an in-depth walking tour.

Day 1: Fly overnight to Scotland

Day 2: Edinburgh

Meet your Tour Director at the airport. Take a walking tour of Edinburgh, Scotland's capital.

Day 3: Edinburgh

Take a medical-themed tour of Edinburgh. With your expert local guide you will discover the city's rich medical heritage, see the oldest medical institution in the English-speaking world, and learn about Edinburgh's grave robbing history. Visit Mary King's Close, a network of subterranean streets that once housed victims of the plague. Then visit Edinburgh Castle.

Day 4: Edinburgh

See the William Wallace Monument. Visit the Surgeons' Hall Museums, which feature anatomical artifacts and medical innovations. Then enjoy time to explore Edinburgh on your own.

Day 5: Edinburgh | London

Travel by train to London. Take a walking tour of England's capital and ride the London Eye, which offers Instagram-worthy views.

Day 6: London

Participate in a forensics workshop, where you'll learn criminal investigation skills like fingerprint analysis and crime scene assessment. Visit the Tower of London. Then enjoy a guided Jack the Ripper tour to learn about the role forensics played in the quest for the notorious 19th-century serial killer.

Day 7: London

Visit the Florence Nightingale Museum, dedicated to the founder of modern nursing. Take a medical-themed tour of London. You will see places like the Royal London Hospital and The London School of Medicine and Dentistry (Barts). Visit the Wellcome Collection, which challenges how we think about the connections between health, science, and art.

Day 8: London

Learn firsthand about the practice of applied medicine during a visit to a hospital, laboratory, or surgical office. Meet with a medical professional to learn more about Britain's healthcare system. Tonight, enjoy a theater performance.

Days 9-11: Return home or add extension

Depart for home on Day 9 or extend your trip to Paris. On a guided tour, see the Place de la Concorde, the Arc de Triomphe, and the Eiffel Tower. You'll also meet the Mona Lisa at the Louvre, and admire the stained-glass windows of Notre-Dame.

What your hotels will be like

A good night's sleep is important, so you can count on safe, clean and comfortable hotels with private bathrooms. Every hotel we work with is required to meet our high standards for quality, safety and cleanliness. Three to four students of the same gender will share a room, which will have a combination of twin and shared double beds. Please be aware that hotels may have different amenities than you find in American hotels.

HERE ARE EXAMPLES OF THE TYPES OF HOTELS YOU'LL STAY AT ON TOUR:



Edinburgh First

Pollock Halls
18 Holyrood Park Road
Edinburgh
<http://www.edinburghfirst.co.uk/>

Pollock Halls at Edinburgh First is a deluxe campus-style accommodation. Conveniently located at the foot of Arthur's Seat and the royal Holyrood Park, Edinburgh First is a short walk from Edinburgh Waverly Train Station. Room styles range from single standard to double or twin en-suite. Each room includes complementary Wi-Fi, a telephone, and tea and coffee-making facilities.



IBIS Budget Edinburgh Park

Edinburgh Business Park
6 Lochside View
Edinburgh
<http://www.ibis.com/gb/hotel-8710-ibis-budget-edinburgh-park/index.shtml>

Just a 5-minute walk from the Gyle Centre tram stop, the IBIS Edinburgh Park offers easy access to the city center. The hotel's 161 modern rooms offer amenities such as flat screen TVs, complementary Wi-Fi, and private showers. Guests can enjoy a delicious daily breakfast buffet featuring many local products.



The Piries Hotel

4-8 Coates Gardens
Edinburgh
www.pirieshotel.com

Each of the Piries Hotel's 32 guestrooms is designed to make your stay in Scotland as comfortable and enjoyable as possible. And with sites like Edinburgh Castle and the Royal Mile just outside the hotel doors, guests can step outside of these modern accommodations and into Scottish history.



Holiday Inn Express Watford Junction

Watford Junction, 19 Bridle Path, St. Albans Road

www.galahotels.com

Holiday Inn Express Watford Junction is only a 2-minute walk away from the Watford Junction Train Station, and the fast train takes you to Central London or Wembley in just 20 minutes. Heathrow and Luton Airports are only a 30-minute drive away. There is a shuttle service, continental breakfast, a seasonal dinner menu, and an abundance of night life in Watford.



PI Croydon

Phillips House, 6 Lansdowne Road, Croydon CR0 2BX

www.premierinn.com

Just a 15-minute train journey to Central London, this hotel is within walking distance of East Croydon Train Station. Whitgift Shopping Centre is also nearby. Our Croydon Town Centre Premier Inn has everything you'd expect: incredibly comfy beds in every room, the on site Thyme Restaurant and free Wi-Fi for 30 minutes in every bedroom.

What your meals will be like

These are examples of the types of meals you and your students will be served on tour.



Educational Tours

Sample Menus: Europe

Discovering new foods can be one of the best parts of traveling. The sample menus below are just a few examples of the types of traditional, local favorites you will have the opportunity to try on tour. Every meal will include table water (or bottled water if deemed necessary by locals) and you can usually buy other beverages if you wish. All meals are served as a group—not à la carte—and a vegetarian option will be available if requested in advance. Please notify EF of any other dietary restrictions or food allergies you may have. Enjoy!



AUSTRIA

Soup
Wiener schnitzel
Chocolate cake

CZECH REPUBLIC

Soup
Goulash
Ice cream

FRANCE

Menu 1
Cheese quiche
Turkey with rice, sauce,
mushroom and beans
Apple tart

Menu 2
Salad
Flammekueche
Chocolate mousse

Menu 3
Couscous with
vegetables and meat
Fruit salad

GERMANY

Menu 1
Pretzel with
cream cheese
Turkey with
spaetzle dumplings
Fruit

Menu 2
Vegetable soup
Bratwurst with kraut
and mashed potatoes
Ice cream

GREECE

Menu 1
Spinach pie
Moussaka
Rice pudding

Menu 2
Greek salad
Chicken with oven-
baked pasta
Walnut pie

ITALY

Menu 1
Tomato bruschetta
Cannellini beans with
garlic and sage
Lasagna
Gelato

Menu 2
Spaghetti with pesto
Pork loin with spinach
and potatoes
Fruit salad

IRELAND

Soup
Chicken with mashed
potatoes and gravy
Fruit salad

SPAIN

Spanish Tortilla
Pork loin with potatoes
and mushrooms
Ice cream

SWITZERLAND

Soup
Alpine Macaroni
Chocolate mousse

UNITED KINGDOM

Menu 1
Fish and chips
Ice cream

Menu 2
Chicken and hummus
Flan

Menu 3
Naan bread
Chicken curry

ICELAND

Meatballs, potatoes & brown sauce
Fish balls with potatoes and butter
Fried vegetables

PLEASE NOTE: MEALS VARY BY TOUR. THE MENU ITEMS LISTED AND PICTURED ABOVE ARE EXAMPLES.

EFTOURS.COM | 800-637-8222

Price details

In addition to the support you receive before and after tour, along with the logistical support you receive on tour, your guaranteed lowest price covers all of the details.

PRICE DETAILS

Health Sciences in Great Britain

Program Price* ¹	\$4,260
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Includes:

- Round-trip airfare and on tour transportation
- Hotels with private bathrooms
- Breakfast and dinner (see your itinerary for meal details)
- Full-time Tour Director
- Daily activities, tours and entrances to attractions
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Global Travel Protection	\$165
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weShare – Personalized Learning	\$0
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EF's Peace of Mind Program *	Free
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Total for Students (under 20)	\$4,425
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25 monthly payments	\$174/mo
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Adult Supplement ²	\$550
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Total for Adults	\$4,975
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25 monthly payments	\$196/mo
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Quote created on 5/13/2019

¹ *Program price valid for today. Change and cancellation fees of up to the total price will apply. Applicable airline baggage fees are not included and can be found at eftours.com/baggage. All prices subject to verification by an EF Tour Consultant. To view EF's Booking Conditions, visit eftours.com/bc. Some destinations may require aircraft insecticide treatment for in-bound foreign flights. Such destinations can be found at eftours.com/insecticide.

² Adult supplement required for travelers age 20 and older at the time of travel.

* We understand that plans sometimes change due to unforeseen circumstances. EF's Peace of Mind Program allows your entire group to change your tour or departure date. Your group can feel secure planning your trip, knowing that your plans are flexible.

Itinerary shown is for 2021 travel. Itineraries are subject to change biannually, please call for more details

Important final details

The EF Price Guarantee

We're dedicated to making travel accessible to as many students as possible. Our unmatched global presence and longstanding relationship with airlines and hotels ensure you will always give your students the best experience at the lowest price, guaranteed.

What it means for you:

- The guaranteed lowest price—if you find a similar tour for less, we'll beat it.
- One simple price—no enrollment or departure fees.
- Once a student enrolls, their price will never change.

International Training Tours

Through our blended learning model, all first-time EF Group Leaders experience a tour by traveling to Paris, Rome, Madrid, Berlin or Beijing, enhanced with online and classroom components. In the event a Group Leader cannot attend one of these complimentary tours, we offer live webinars to prepare them and answer questions before they travel.

Explore a world build on STEM

Science, Technology, Engineering, and Math shape communities across the globe. Our STEM-focused tours showcase the value of diverse ways of thinking and building, while also highlighting the powerful universality of STEM subjects. At EF, we've spent over 50 years witnessing the power of educational travel, and we know how it can transform STEM learners. Each STEM tour challenges travelers to think critically, and helps students develop innovative solutions to global problems.

What to expect on a STEM tour

EXPERIENTIAL LEARNING Apply STEM principles by participating in project-based learning that goes well beyond theory. **INNOVATIVE LOCATIONS** Tour exciting international destinations that host some of the world's most advanced laboratories, universities, and companies, or are simply perfect global "classrooms" to study analytical issues of the day in real life. **INDUSTRY EXPERTS** Collaborate and learn with scientists, engineers, researchers, and other STEM practitioners in the field.

Sincerely,

Claire Puntil

Regional Tour Consultant- Illinois

608-819-0601

claire.puntil@ef.com